

Health & Safety



Thou shalt NOT

What is the Sabbath ?

The name comes from the second chapter of the book of Genesis:-

It says that in 6 days God created the world etc. and on the seventh day he RESTED (shabath)

Sabbath begins at sunset on Friday and ends at sunset on Saturday

(days in Genesis are reckoned by evening and morning)

Special for Israel

God says in Exodus 31:16 “The Israelites are to observe the Sabbath, celebrating it for the generations to come as a lasting covenant.”

You shall not do any work.

Six days you shall labour and do all your work, but the seventh day is a sabbath to the LORD your God. On it you shall not do any work, neither you, nor your son or daughter, nor your male or female servant, nor your animals, nor any foreigner residing in your towns. For in six days the LORD made the heavens and the earth, the sea, and all that is in them, but he rested on the seventh day. Therefore the LORD blessed the Sabbath day and made it holy. Exodus 20:9-11



Is this work?



While the Israelites were in the wilderness, a man was found gathering wood on the Sabbath day. Those who found him gathering wood brought him to Moses and Aaron and the whole assembly, and they kept him in custody, because it was not clear what should be done to him. Numbers 15:32-34

New York house fire kills seven children in Brooklyn



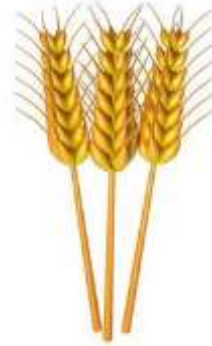
Seven children from the same family died yesterday (20th March, 2015) when their New York home was engulfed in flames after a portable cooker malfunctioned. The so-called hot plate, which is a small electrical heating element, may have been left on to keep food warm because of Orthodox Jewish customs that bar cooking on the Sabbath,

Luke 6:1-11 One Sabbath Jesus was going through the corn fields, and his disciples began to pick some ears of corn, rub them in their hands and eat the grain. Some of the Pharisees asked, "Why are you doing what is unlawful on the Sabbath?" Jesus answered them, "Have you never read what David did when he and his companions were hungry? He entered the house of God, and taking the consecrated bread, he ate what is lawful only for priests to eat. And he also gave some to his companions." Then Jesus said to them, "The Son of Man is Lord of the Sabbath."

On another Sabbath he went into the synagogue and was teaching, and a man was there whose right hand was shrivelled. The Pharisees and the teachers of the law were looking for a reason to accuse Jesus, so they watched him closely to see if he would heal on the Sabbath. But Jesus knew what they were thinking and said to the man with the shrivelled hand, "Get up and stand in front of everyone." So he got up and stood there. Then Jesus said to them, "I ask you, which is lawful on the Sabbath: to do good or to do evil, to save life or to destroy it?" He looked round at them all, and then said to the man, "Stretch out your hand." He did so, and his hand was completely restored. But they were furious and began to discuss with one another what they might do to Jesus.

What time is it?

Luke 6:1 One Sabbath (the second-first), Jesus was going through the corn fields



Passover

1 > 7

Pentecost

From the day after the Sabbath, the day you brought the sheaf of the wave offering, count off seven full weeks. Count off fifty days up to the day after the seventh Sabbath, and then present an offering of new grain to the LORD.

Leviticus 23:15-16

Is this allowed?

One Sabbath Jesus was going through the corn fields, and his disciples began to pick some ears of corn, rub them in their hands and eat the grain.



If you enter your neighbour's grain field, you may pick kernels with your hands, but you must not put a sickle to their standing grain.

Deuteronomy 23:25

Some of the Pharisees asked, "Why are you doing what is unlawful on the Sabbath?" Jesus answered them,

Six days do your work, but on the seventh day do not work, so that your ox and your donkey may rest, and so that the slave born in your household and the foreigner living among you may be refreshed.

Exodus 23:12

**Is
this
work**



**or
man's
interpretation
?**

When you are harvesting in your field and you overlook a sheaf, do not go back to get it. Leave it for the foreigner, the fatherless and the widow, so that the LORD your God may bless you in all the **work of your hands.**

Deuteronomy 24:19

Jesus answered them, "Have you never read what David did when he and his companions were hungry? He entered the house of God, and taking the consecrated bread, he ate what is lawful only for priests to eat. And he also gave some to his companions."





**The Son of Man
is
Lord of the Sabbath.**

Jesus is claiming the title for the Messiah

He claims that he has the right to properly interpret what his Father means by the commandment.

He claims to have the authority to set the rules straight and set aside the traditions where they hinder God's purpose for the Sabbath.

On another Sabbath he went into the synagogue and was teaching v. 6



What does this say about his attitude to the Sabbath?

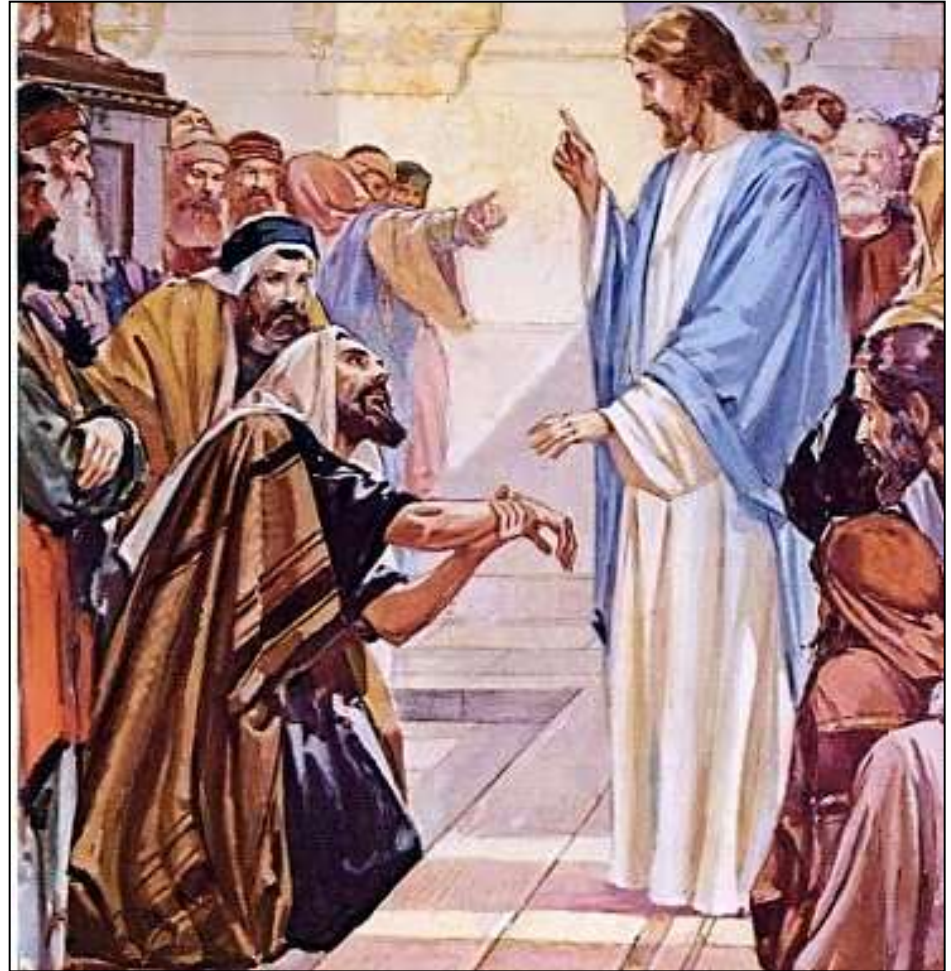
A man was there whose right hand was shrivelled. The Pharisees and the teachers of the law were looking for a reason to accuse Jesus, so they watched him closely to see if he would heal on the Sabbath.

**Did he come
or
was he planted?**



Do some people intimidate you?

But Jesus knew what they were thinking and said to the man with the shrivelled hand, "Get up and stand in front of everyone." So he got up and stood there.



The Fundamental point of the Sabbath!

Then Jesus said to them, "I ask you, which is lawful on the Sabbath: to do good or to do evil, to save life or to destroy it?"

He looked around at them all,



A simple choice

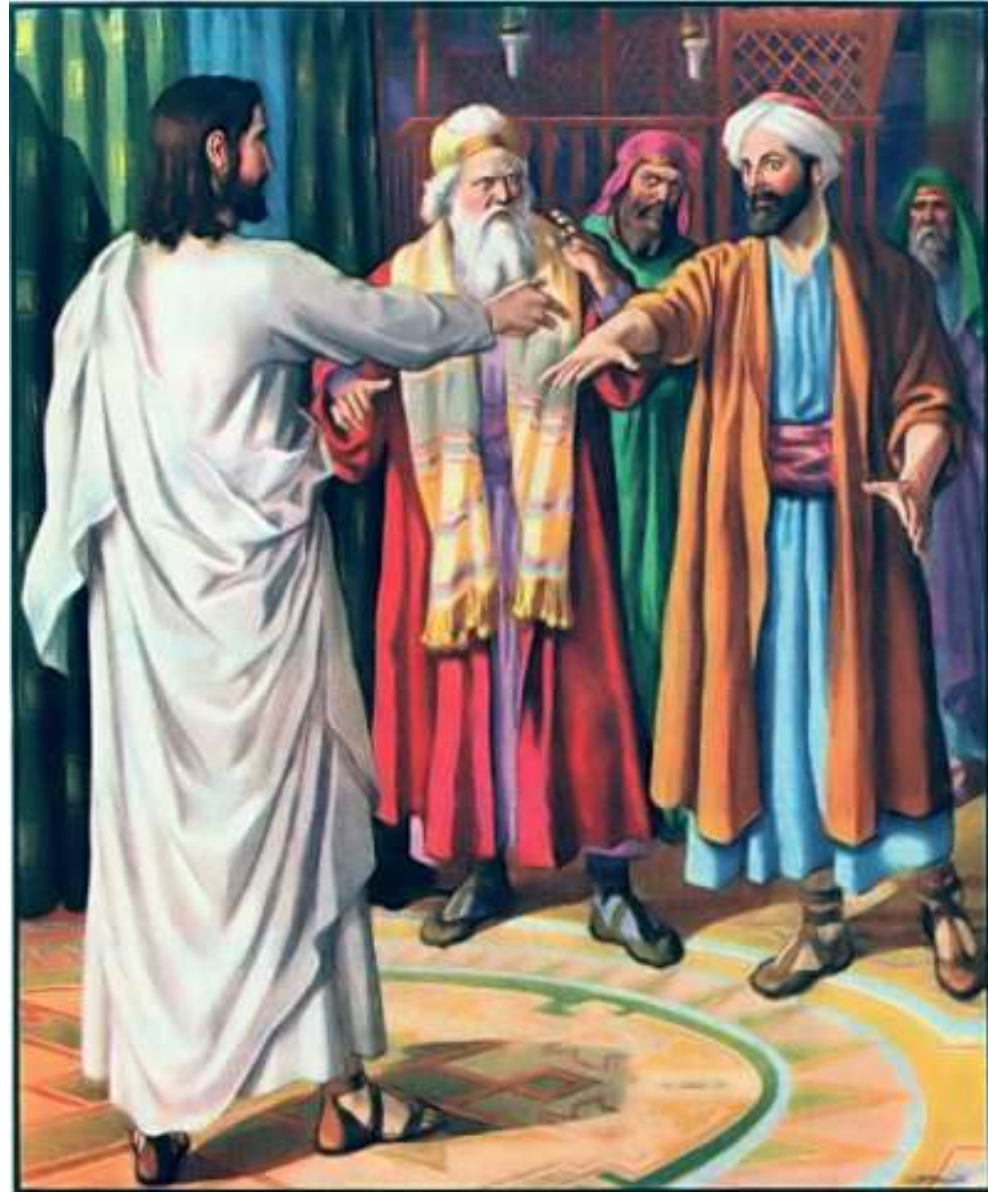
The Fundamental point of the Sabbath!

It's a day for spiritual restoration
It's not a "Thou shalt not" day
It's for promoting LIFE and worship
And where life is challenged (eg. hunger, disability)
then flexibility is part of God's purpose



Therefore:- Jesus did what God required for the Sabbath

and then said to the man
"Stretch out your hand."
He did so, and his hand
was completely restored.



But the Pharisees and the teachers of the law were furious and began to discuss with one another what they might do to Jesus.



What are they doing on the Sabbath?

2 Questions for us

**Where does the Sabbath fit
in the New Testament?**

**What has the Sabbath to do
with us?**

Where does the Sabbath command fit in the New Testament?

Every Sabbath he (Paul) reasoned in the synagogue, trying to persuade Jews and Greeks. Acts 18:4

**As a Jew
he observed the Sabbath**

**But no specific command
is given to believers regarding
the Sabbath**



Where does the Sabbath command fit in the New Testament?

Therefore do not let anyone judge you by what you eat or drink, or with regard to a religious festival, a New Moon celebration or a Sabbath day. Colossians 2:16

The Gentile believers were not bound by the ceremonial law.

And for both Jew and Gentile observance was not a means of salvation.



The Gentile believers were not required to observe the Sabbath in the New Testament.

But the principles contained in the Sabbath command are still applicable for us all today (part of creation)



**Is there a place for restoration from the normal run of life?
Does worshipping God have a central part in your life?**

On the first day of the week we came together to break bread. Paul spoke to the people and, because he intended to leave the next day, kept on talking until midnight. Acts 20:7



The early church began to meet on the first day of the week. In the Gentile church Sunday (The Lord's Day) began to replace the Saturday Sabbath.

Going Deeper ...

The writer of 'Hebrews' explains the spiritual link of the Sabbath and the people entering the 'Promised Land'



Hebrews 4:8 For if Joshua had given them rest, God would not have spoken later about another day.

God again set a certain day, calling it "Today."

The Salvation Sabbath

Therefore since it still remains for some to enter that rest, and since those who formerly had the good news proclaimed to them did not go in because of their disobedience, God again set a certain day, calling it "Today." This he did when a long time later he spoke through David, "Today, if you hear his voice, do not harden your hearts." For if Joshua had given them rest, God would not have spoken later about another day.

There remains, then, a Sabbath-rest for the people of God; for anyone who enters God's rest also rests from their works, just as God did from his.

Let us, therefore, make every effort to enter that rest, so that no one will perish by following their example of disobedience.